

## Ed's Great Adventure



Are you up for road cycling's ultimate challenge! This tour is so titled because it was designed specifically as the final training tool for Ed Pavelka as he prepares for Paris-Brest-Paris. Ed is the head of [RoadBikeRider.com](http://RoadBikeRider.com) and has served as editor of Velo News and Executive Editor of Bicycling Magazine.

We will tackle one of the most scenic and mountainous roads in America, as we attempt to cycle the entire 470 miles of the Blue Ridge Parkway in only **TWO** days! This gem of the national park system is the ultimate road to truly test yourself; not only is the scenery unparalleled but imagine riding for 470+ miles without a single stop light or sign to disrupt your ride, just one continuous beautiful strip of ribbon cut through the Blue Ridge Mountains.

So are you up for the **Challenge!**

### Detailed Itinerary

#### Day 1 - Asheville to Waynesboro, VA

We leave Asheville at 9 am to shuttle to Waynesboro, VA in Rockfish Gap, the origination point of the Blue Ridge Parkway. After dinner in town we will return for an early evening and much needed rest before beginning the challenging journey to cycle the entire Blue Ridge Parkway.

**Meals: Lunch, Dinner**

#### Day 2 - The Challenge Begins

##### Rockfish Gap to Doughton Park (mm 0 - mm 241)

Our "Great Adventure" begins! We cycle from Rockfish Gap to the Bluffs Lodge at Doughton Park. We will ride from the lowest point on the BRP (James River 650 ft), the highest point in VA (Apple Orchard Mtn, elevation (4200 ft), through the Roanoke Valley and up and over numerous mountains before finishing at Doughton Park.

**Meals: Breakfast, Lunch, Dinner**

**Mileage: 0.0 - 241 = 241+ Miles**

#### Day 3 - High Country Challenge

**Dates:** Aug 6-9

**Cost:**

Accommodations: 3 Nights Lodging

Single Occupancy \$1300

Double Occupancy \$1085

Deposit - \$250 per person with the remainder due 60 days before the tour start date.

### Places of Interest:

There are too many places of interest along the Blue Ridge Parkway to list them here, so I have added links to websites that should provide with all the information you should need:

- [BRP Virtual Visitor Center](#)
- [Blue Ridge Parkway Official Site](#)
- [Ultimate Parkway Travel Guide](#)

### Accommodations:

Night 1:  
Waynesboro, VA  
[Holiday Inn Express](#)



Night 2:  
Doughton Park, NC  
[Bluffs Lodge](#)



## **Doughton Park to the Cherokee (mm 241 - mm 469)**

The "Great Adventure" is concluded today as we ride through the high country of the Parkway and pass through the Black, Craggy and Balsam ranges with their numerous 6000+ peaks. Those who accept and complete this challenge will be rewarded by some of the most beautiful stretches of road cycling in the world!

**Meals: Breakfast, Lunch, Dinner**

**Mileage: 241 - 469 = 228+ Miles**

## **Day 4 - Final Farwell**

After a final meal together we will depart knowing that we have accepted and completed one of the most physically demanding cycling events in the world.

**Meals: Breakfast**

Night 3:  
Asheville, NC

**Haywood Park Hotel**

